

Job Title:	Behavioral Health Clinician Consultant	FLSA Status:	Exempt
Reports To:	Director of Behavioral Health	Union Position:	No
Approved By:	Director of Human Resources	Department:	IBH
Approved Date:	07/19/2021	Jobs Supervised:	Yes

**OUR MISSION** is to eliminate health disparities and foster community well-being by providing and promoting the highest quality care in South Los Angeles.

**OUR VISION:** St. John's Well Child and Family Center will be a leader, catalyst, and model for the best care, long-term community health improvements, and sustainable, health-enhancing system and structures in Los Angeles.

#### **OUR CORE VALUES**

### Dignity

We honor and respect every person we encounter as a valued member of the human family whose gifts and rights are to be protected.

#### Excellence

We support and champion individual and organizational growth, accountability, creativity, teamwork, and commitment to quality, and the best standard of care.

## Well-Being

We promote and advocate for the full integration of our patient's physical and mental health with their needs as an active member of a vibrant and just community.

## Social Justice

We collaborate with others to develop systems, organizations, and programs that address the needs of and empower all members of our community with a preference for the most vulnerable and disadvantaged.

#### **JOB SUMMARY**

The Behavioral Health Clinician Consultant works in conjunction with members of the medical and behavioral health team to manage psychosocial aspects of chronic and acute diseases, apply behavioral principles to address lifestyle and health risk issues and provide consultation in the treatment of mental disorders and psychosocial issues.

# **ESSENTIAL DUTIES AND RESPONSIBILITIES**

Performs a combination, but not necessarily all, of the following duties:

- Promote and integrate behavioral health services.
- Maintain protocols and procedures for integrated behavioral health activities across the St. John's network.
- Assists the primary care provider in recognizing, treating and managing mental health and psychosocial issues and acts as a contributing member to the primary care team and behavioral health team.

- Conducts client intakes, focusing on diagnostic and functional evaluations, then makes recommendations to the primary care provider concerning the clients' treatment goals and plan.
- Provides consultation to the primary care providers to enhance patient care.
- Provides brief, focused intervention for clients who are in need of mental health services.
- Assists in the detection of "at risk" clients and in the development of plans to prevent worsening of their condition.
- Monitors and coordinates the delivery of health services for clients as related to behavioral health care, including linking with other treatment providers not only within the primary care setting but, with the clients' permission, outside it as well.
- Documents the clients' progress and diagnostic information in the treatment chart.
- Keeps the primary care providers fully informed of the client's needs and progress and works with providers to formulate treatment plans.
- Provides consultation to clinic management and other team members about behavioral services and suggested areas of outcome and program evaluation.
- Participates in case conferences with appropriate medical and ancillary team members.
- Supports Quality Assurance activities related to behavioral health care.
- Provides program reports.
- Assists the clients in complying with any medical treatment initiated by the primary care provider, such as offering strategies to cope with medication side effects.
- Functions as a member of a multi-interdisciplinary team.
- Proficiency in the identification and treatment of mental disorders.
- Knowledge of evidence-based behavioral assessments and interventions relevant to medical conditions, e.g., disease management
- Ability to make quick and accurate clinical assessments.
- Is comfortable with the pace of primary care, working with an interdisciplinary team, and has strong communication skills.
- Care-management skills and knowledge of local resources for outside referrals.
- Skill in targeted, brief psychotherapy and in facilitating group sessions.
- Ability to document services in a way that is useful both to the primary care provider and to management for quality improvement services.
- Consultation liaison skills.
- Ability to be flexible with schedules and work in a fast-pace environment.

## **QUALIFICATIONS**

To perform this job successfully, an individual must be able to perform each essential duty satisfactorily. The requirements listed below are representative of the knowledge, skill, and/or ability required. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

## **Education and Experience:**

- Master's Degree in Social Work, Marriage and Family Therapy or Professional Clinical Counseling.
- Minimum of three years' experience as a social worker/marriage and family therapist in a community mental health environment.
- Experience and knowledge of multi-ethnic and underserved communities.
- Bilingual in Spanish and English (Preferred)
- Demonstrated experience in a Managed Care setting.

#### Licensure/Certification:

 California Associate Clinical Social Worker/Marriage and Family therapist, Licensed Clinical Social Worker, Licensed Marriage and Family Therapist

### Language Skills

Ability to read, analyze and interpret general business periodicals, professional journals, technical procedures, or governmental regulations. Ability to write reports, business correspondence, and procedure manuals. Ability to effectively present information and respond to questions from groups of managers, clients, customers, and the general public. Bilingual English/Spanish (read, write, speak) required.

## **Reasoning Ability**

Ability to define problems collects data, establish facts and draw valid conclusions. Synthesize complex or diverse information. Ability to interpret an extensive variety of technical instructions in mathematical or diagram from and deal with several abstract and concrete variables. Ability to interpret situations, characteristics, behavior, etc. and respond appropriately.

#### **Computer Skills**

To perform this job successfully, an individual should have strong knowledge of MS Outlook, MS Excel, MS Word, and Internet software. Electronic Health Records experience required.

## PHYSICAL DEMANDS

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

While performing the duties of this Job, the employee is regularly required to sit; use hands to finger, handle, or feel; reach with hands and arms and talk or hear. The employee is occasionally required to stand; walk and stoop, kneel, crouch, or crawl. The employee must occasionally lift and/or move up to 40 pounds. Specific vision abilities required by this job include close vision, distance vision, color vision, peripheral vision, depth perception and ability to adjust focus.

### WORK ENVIRONMENT

The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

While performing the duties of this Job, the employee establishes and maintains effective work relationships with co-workers and customers, maintains regular attendance, understands and carries out a variety of oral and written instructions, has knowledge of proper English usage, grammar, punctuation, spelling, and vocabulary, has the ability to learn office principles, practices, and methods, understands filing systems, including numerical, alphabetical, and chronological, learns a variety of procedures, policies, and services of the assigned work unit or program, performs assigned duties with efficiency and accuracy and maintains confidentiality.

The employee will be working in a normal office environment with exposure to moderate noise, dust, temperature, etc. During community meetings and outreach activities an employee may be subjected to a variety of locations and situations including community centers and large meeting rooms; this may involve varying noise levels, temperature, dust, or other environmental differences.

# **NOTE**

The statements herein are intended to describe the general nature and level of work performed by employees, but is not a complete list of responsibilities, duties, and skills required of personnel so classified. It is not to be constructed as an exhaustive statement for essential functions, responsibilities, or requirements. Furthermore, they do not establish a contract for employment and are subject to change at the discretion of the employer.

I understand the essential functions of this position and with or without accommodation.	d I am able to perform the functions of this position
Signature	<u> </u>
Print Name	Date