



### Position Description

<b>Job Title:</b>	LMFT - Behavioral Health Therapist	<b>Revision Date:</b>	06/2018
<b>Program/Department</b>	Behavioral Health Programs Wesley Health Centers	<b>FLSA Status</b>	Exempt
<b>Reporting To:</b>	Program Director	<b>Salary Grade Level:</b>	TBD

**Position Purpose:**

The Licensed Marriage Family Therapist provides behavioral health services at a Federally Qualified Health Center in a manner that upholds the JWCH mission to improve the health status and well-being of under-served segments of the population of the Los Angeles area through the direct provision of health care, health education, services, and research. This includes adherence to all behavioral health contract requirements (*staffing, scope of work, and documentation*), utilization of funding, staff productivity, and patient satisfaction.

**Population/Needs:** Experience working with pediatrics, family practice, working with chronic disease treatment compliance issues, knowledgeable of chronic diseases and dealing with high rates of depression, anxiety, with a predominantly Spanish speaking population. ). Must be familiar with the geographic area to collaborate with other agencies.

**Principal Responsibilities:**

1. Work at a Federally Qualified Health Center multidisciplinary team to ensure that the patient’s clinical treatment goals and behavioral management needs are met by attending case conferences, chronic disease management meetings, staff consultation, and individual meetings with staff to ensure quality of care.
2. Conduct functional and strength-based assessment along with comprehensive diagnosis for mental health, substance abuse, trauma, and psychosocial needs
3. Develop patient care plans that are coordinated and integrated with a comprehensive range of medical and psychosocial services to address social, emotional, and practical needs
4. Provide psychotherapy, counseling, and psycho-education utilizing individual, family, and group modalities using evidence-based interventions for patients and their significant others that include social, emotional, and practical life skills to facilitate safe coping, distress tolerance, stress reduction, mindfulness, and relaxation as well as access to necessary resources with the goal of improved functioning and positive health outcomes
5. Utilize both short-term and intensive longer-term interventions, as approved by funding source, that target trauma, mental health symptoms, and reduction of substance use
6. Consult with primary care providers to enhance understanding of the patient, provide support for treatment approaches that incorporate behavioral health needs, and assist with implementation of bio-psychosocial treatment and care plans
7. Provide consultation to and coordinate care for patients needing specialty mental health and/or substance use disorder services
8. Advocate for patient within organization and community to ensure access to appropriate care
9. Be available to primary medical care staff during working hours for crisis intervention in the event of a psychiatric emergency and assist staff in the event of any other kind of emergency
10. Be available as assigned to provide afterhours emergency psychiatric assistance
11. Provide phone consultation as needed
12. Complete all charting as required by funding sources, including assessments, progress notes, care plans, and billing documentation
13. Participate in structured and “as-needed” case conferences
14. Assist with provider education for integrated behavioral and primary care services
15. Participate in behavioral health quality assurance/improvement activities to maintain and strengthen standards of care, in accordance with the organization CQI Plan



- 16. Participate in professional development activities
- 17. Support client involvement in planning, implementing, and evaluating services
- 18. Complete data collection forms and prepare reports as required by the program.
- 19. Other duties as assigned

**Requirements:**

- 1. Master’s degree in social work, social welfare, psychology, marriage, family and child counseling, and or marriage and family therapy from an accredited college or university.
- 2. LCSW/LMFT with current California BBS license
- 3. Must be able to work in Bell Gardens
- 4. Experience /knowledge in human, social, and/or behavioral health services, especially for homeless and/or low-income underserved individuals
- 5. Experience working on an Interdisciplinary Team
- 6. Demonstrated understanding of the impact of trauma on behavioral and medical conditions
- 7. Knowledgeable of evidence-based treatments (DBT, CBT, Seeking Safety, Motivational Interviewing)
- 8. Knowledge of principles, procedures, methods and techniques of mental health emergency procedures such as: 5150, CPS reporting, APS reporting, and Tarasoff,
- 9. Experience working with substance abuse disorders, preferred
- 10. Experience working in a medical setting preferred
- 11. Bilingual (English/Spanish) ability needed

_____ Signature	_____ Print Name	_____ Date
_____ Supervisor’s Signature		_____ Date
_____ Human Resources Associate’s Signature		_____ Date