



## Los Angeles Maternal Mental Health Access (LAMMHA): Improving Perinatal Mental Health Care in LA County Community Clinics

### LAMMHA Additional Information

- Applications for CoCM implementation support will be accepted on a rolling basis. There will be four cohorts with application end dates based on cohort implementation support periods.
- Selected CoCM sites will receive \$75,000 in total funds over a 24-month support period.
- Participating CoCM sites will receive 24 months of individual implementation support (see table below).

Cohort	Cohort 1	Cohort 2	Cohort 3	Cohort 4
Application end date*	Nov 2022	May 2023	Nov 2023	May 2024
CoCM Support	Feb 2023 – Jan 2025	Aug 2023 - Jul 2025	Feb 2024 – Jan 2026	Aug 2024 - Jul 2026

*\*Up to 4 sites selected for each cohort*

### CoCM Implementation Structure and Support

Phase	Duration	Elements	Team Members
Pre-adoption	1 Month	<ul style="list-style-type: none"> <li>• Sites sign participation agreement (<i>adoption</i>)</li> </ul>	Leadership/clinic champion
Pre- Launch ( <i>adoption to launch</i> )	3 Months	<ul style="list-style-type: none"> <li>• ACT license/registry evaluation</li> <li>• Website/LMS registration for team</li> <li>• Engage in baseline readiness assessment</li> <li>• Engage in pre-implementation training</li> <li>• Individual coaching calls</li> <li>• Host pre-launch site visit</li> <li>• Join in-person clinical skills session</li> <li>• <i>Optional: Participate in ECHO sessions</i></li> </ul>	Leadership/clinic champion Care manager Psychiatric consultant Provider champion
Intensive Implementation	12 Months	<ul style="list-style-type: none"> <li>• Engage in CoCM implementation – launch care</li> <li>• Individual coaching calls</li> <li>• Monthly webinar/case conference calls</li> <li>• Case review feedback and LRC calls</li> <li>• Psychiatric Consultant Training</li> <li>• Clinical registry access and support</li> <li>• QI reports</li> <li>• <i>Optional: Participate in ECHO sessions</i></li> </ul>	Care manager Psychiatric consultant
Support	9 Months	<ul style="list-style-type: none"> <li>• Engage in sustainment of CoCM</li> <li>• Individual coaching calls</li> <li>• Clinical registry access</li> <li>• QI reports</li> <li>• <i>Optional: Participate in ECHO sessions</i></li> </ul>	Care manager Psychiatric consultant

If you have any questions regarding the LAMMHA program please contact Matt Moyer, Director of Clinical Services at [mmoyer@ccalac.org](mailto:mmoyer@ccalac.org) or Ian Bennett, MD, PhD - University of Washington Family Medicine and Psychiatry and Behavioral Sciences at [ibennett@uw.edu](mailto:ibennett@uw.edu)