

Advanced RPM Webinar

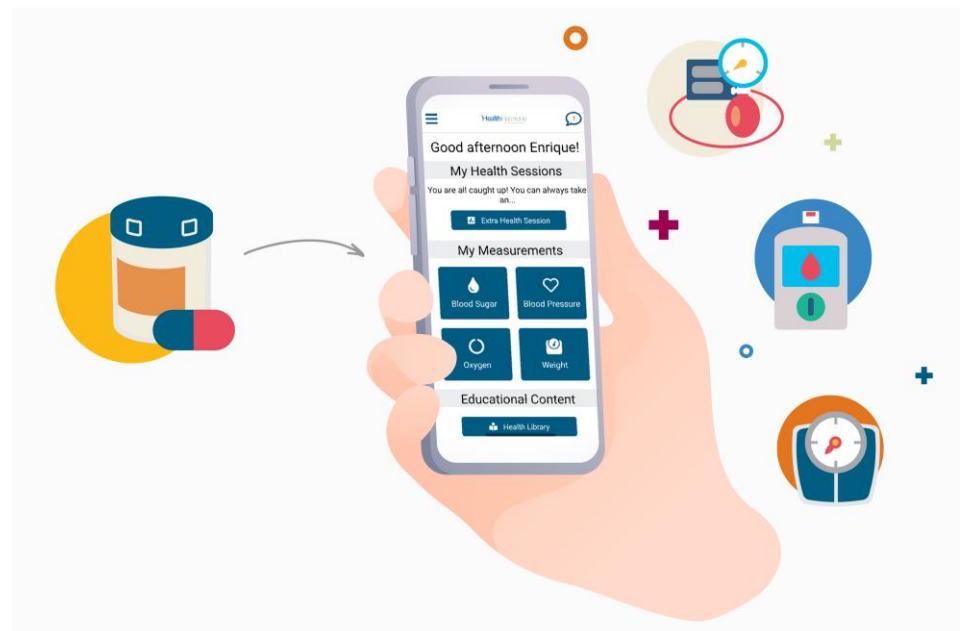
Veronica Ho & Julia McNulty

CCALAC AmeriCorps Health Fellows
APLA Health



Presentation Outline

- Introduction
- Role of AmeriCorps Health Fellows
- Workflow
- Data & Outcomes
- ★ Common Challenges
- Final Takeaways



Introduction

- Received May 2021 grant for the provision of iHealth Blood Pressure Monitors and Glucometers
- Health Fellows since October 2021
 - RPM setup provided by MAs and Quality Improvement Specialist prior to Health Fellows



Role of AmeriCorps Health Fellows

- What is an AmeriCorps Health Fellow?
 - Year-long service position
 - Member clinics apply to host a Health Fellow
- What is the role of Health Fellows in an RPM Program?
 - Quality Improvement Projects
 - Outreach and Enrollment
 - Patient Follow Up

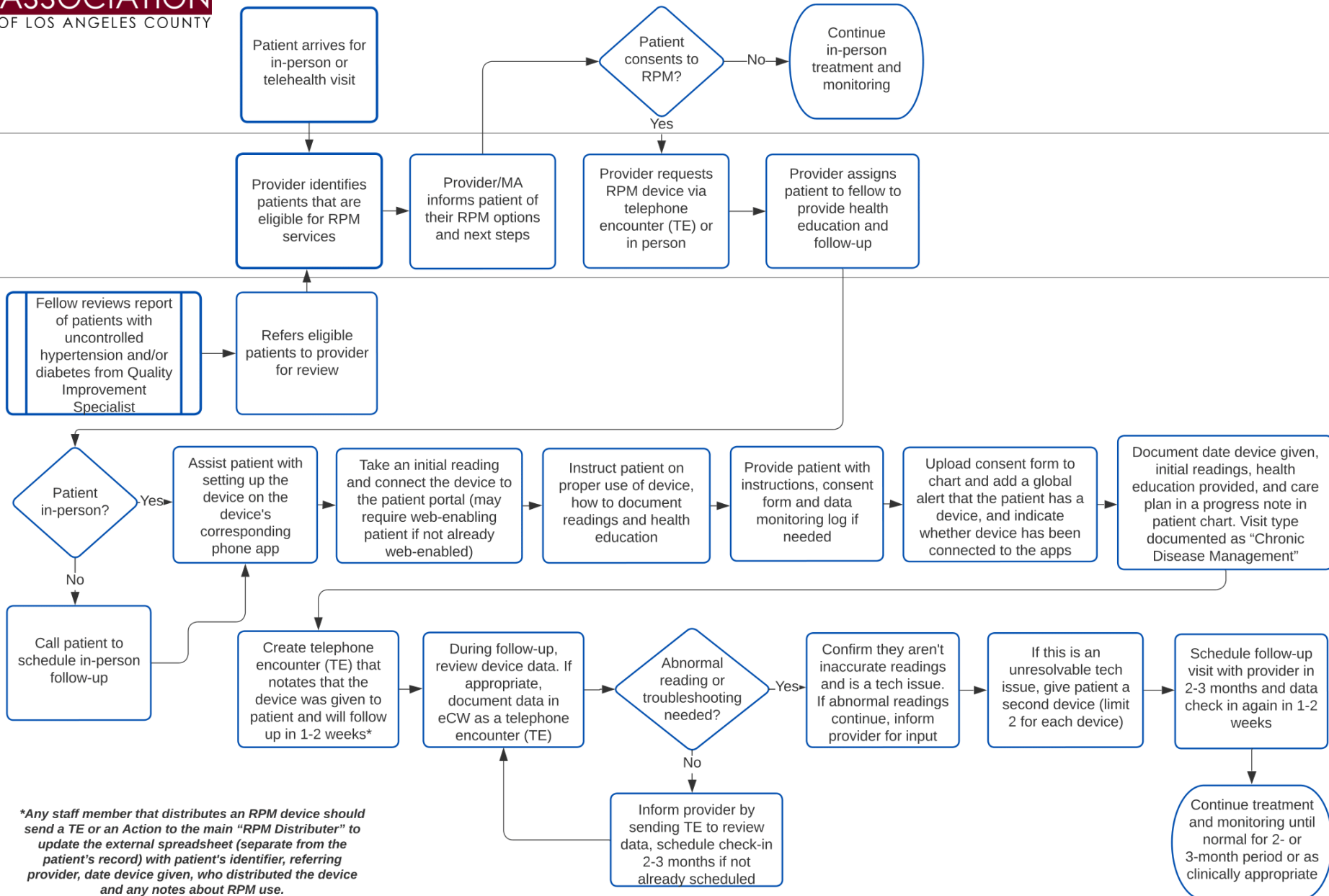


Workflow – Rachel Proud, California Medical Association

Patient

Provider/MA

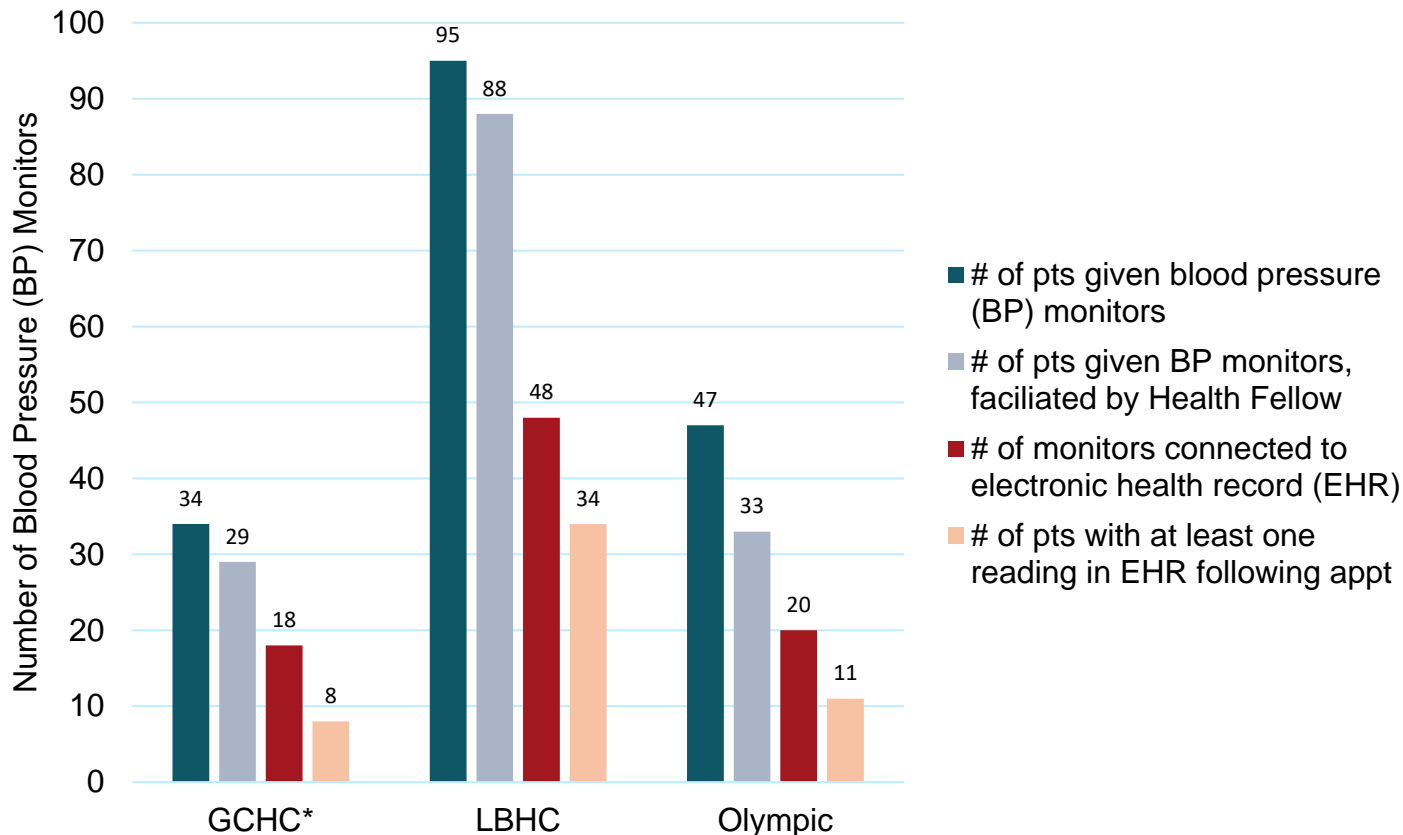
Fellow/RPM Distributor



**Any staff member that distributes an RPM device should send a TE or an Action to the main "RPM Distributer" to update the external spreadsheet (separate from the patient's record) with patient's identifier, referring provider, date device given, who distributed the device and any notes about RPM use.*

Data & Outcomes (As of 6/21/2022)

RPM Data By Clinic



Average, 3 clinics

% of iHealth pts with RPM connected 50%

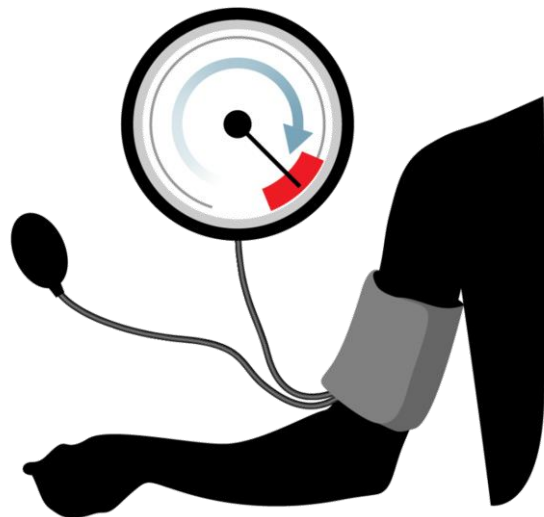
% of pts with at least one reading taken after appointment 30%

2021 Hypertension Outcomes

	GCHC	LBHC	Olympic	Average
Sept 2021	58.83%	51.50%	71.91%	62.99%
Dec 2021	59.92%	61.10%	73.79%	66.69%

★ Common Challenges

- Patients
 - Utilization is dependent on patient's tech abilities/access to smartphone
 - EHR Integration is not seamless
- Clinic
 - Choosing the right vendor
 - Data utilization
 - Provider accessibility
 - FAQs doc – Rachel Proud



Final Takeaways

- Factors that increase utilization
 - Set up apps in clinic with fellow
 - Follow up with patients after set-up
 - Coordinate with providers
- Sustainability
 - Basic training for clinic staff
 - Workflow and FAQ
 - Continued grants/fellowships
- Other benefits
 - Connects patients to portal
 - Jumping off point for lifestyle conversations



THANK YOU