

Geriatric Knowledge Network



Are you ready to serve the needs of seniors in the 21st century?

Using video conferencing, the Geriatric Knowledge Network program empowers clinic providers with easy-access learning, and a platform to share and disseminate best practices in the rapidly-evolving field of geriatric medicine. The sessions address knowledge gaps and expand understanding of effective, high-quality medical and behavioral treatments for conditions common among the senior patient population.

Engage in real-time discussion and consultation with specialist mentors

- Present patient cases for discussion
- Learn from cases being presented by other local clinicians
- Learn best practices and newest advances in treatment

Sessions occur twice a month, on the second and fourth Wednesday, 12:15 - 1:15pm

Each session provides a presentation, resource materials, case presentations and input from expert mentors as well as other participants. Past sessions are archived and available to anyone who registers. Since the first GKN session in October 2014, 20 providers and staff members have participated, representing 12 clinics and other healthcare organizations.

CME Credits

This live series activity, the Geriatrics ECHO L.A. Knowledge Network, from 11/11/2015 – 11/11/2016, has been reviewed and is acceptable for credit by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Approved for 1 AAFP Elective credit.

Participants will be enabled to:

- Meet individual goals for taking care of older adult patients
- Increase access to evidence-based geriatric care
- Improve geriatric care for older adults in LA

Faculty

Specialist Mentor: Alison A. Moore, MD, MPH, FACP
Board Certified in Internal and Geriatric Medicine.

MD Specialist Guests: Lee Jennings, MD, Board Certified in Geriatric Medicine; Heather Bennett-Schickedanz, MD, Board Certified in Geriatric Medicine

Additional Contributors: Sarah Mourra, MD/DO, UCLA Mental Health Center

Curriculum October 2015 - October 2016

Approach to the older adult

- **Jan. 13** Polypharmacy H. Schickedanz, MD
- **Jan. 27** Pain Management in Older Adults L. Jennings, MD
- **Feb. 10** How to Optimize Patient Adherence A. Moore, MD
- **Mar. 9** When and How to do a cognitive assessment L. Jennings, MD
- **Jul. 13** Preventive health in older adults A. Moore, MD
- **Sep. 28** The practical steps of helping a patient complete an advance directive H. Schickedanz,

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- **Jun. 22** Assessing the impact of poverty on older adults H. Schickedanz, MD

Disease and Disorders

- **Apr. 13** Diabetes management in older adults L. Jennings, MD
- **May 11** Parkinson's Disease H. Schickedanz, MD
- **May 25** Common skin disorders in older adults L. Jennings, MD
- **Jul. 27** Prevention and Management of Constipation L. Jennings, MD
- **Aug. 10** Osteoporosis H. Schickedanz, MD

About GKN

The Geriatric Knowledge Network (GKN) was created by Partners in Care, in collaboration with Project ECHO LA at LA Net. The "Project ECHO L.A.™ (Extension for Community Healthcare Outcomes in Los Angeles) platform, provided by LA Net, is a replication model for lifelong medical learning and collaborative practice, linking front-line primary care clinicians with specialist care teams at university medical centers to manage patients who have chronic conditions requiring complex care. It is transforming the way medical knowledge is shared and translated into everyday practice.

The Gero-Friendly Clinic project is made possible with the generous support of the Kaiser Foundation Hospitals.

To register for a GKN session please call: Katheryn Howell at 818 837 3775 ex 115 or visit www.picf.org/gkncurriculum/

Care Systems

- **Apr. 27** Networking with elder care for Fitness programs A. Moore, MD
- **Jun. 8** Working with caregivers of older adults L. Jennings, MD
- **Aug. 17** Availability and access to DME, community resources, respite care, medication management at home, etc. for MediCal managed care patients A. Moore, MD
- **Sep. 14** When to order Home Health/Durable Medical Equipment A. Moore, MD

Psychiatry

- **Dec. 9 2015** Practical management of depression and anxiety in older adults L. Jennings, MD

Syndromes

- **Oct. 28 2015** Management of Agitation and Behavior changes in patients with dementia A. Moore, MD
- **Nov. 9 2015** Falls, a team based approach H. Schickedanz, MD
- **Feb. 24** How to address under-nutrition in the elderly L. Jennings, MD
- **Mar. 23** Hearing loss in older adults H. Schickedanz, MD
- **Aug. 24** Urinary Incontinence L. Jennings, MD

